



Summer 2 Semester

4 week semester

- **30 minute class: \$45**
- **45 minute class: \$55**
- **1 hour class: \$65**
- **1.5 hour class: \$80**
- **Drop-ins are available to those who cannot sign up for the entire 4 weeks. Please see the Director for the price of the drop-ins.**
- Please see the Director for the registration fee.
- Tuition payment:
 1. Pay in full at time of sign up

If you are looking for a class that is not listed let us know!

Fall Semester

August 29th-November 6th

Who We Are

About Us

Wyoming Valley Gymnastics takes pride in providing the community with outstanding customer service and top coaches. Our coaches are former NCAA gymnasts, cheerleaders and current NCAA gymnastics judges. All of our staff are safety certified and attend clinics and congresses throughout the year to better provide for our clients.

Contact Us

 570.285.4969

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 @nepatumble

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 69 Main Street, Luzerne, PA.



SUMMER 2 SEMESTER

July 25, 2016-August 21, 2016

69 Main St., Luzerne, PA

Tumble Tots (w/parent)

18-24 mos. and 2-3 yrs.

Tumble Tots will enjoy age appropriate activities that will aide in motor control, hand-eye coordination as well as promote social interactions.

18-24 mos 2-3 years

Fri. 10:00-10:30 Tues. 10:00-10:30
Thurs. 5:00-5:30
Sat. 10:30-11:00

Tumble Cubs

Young 3s

This is our transition class where children will work on basic gymnastics elements while also learning to work independent of mom/dad.

Thurs. 5:30-6:15
Tues. 12:30-1:15

Tumble Bugs

3.5-4 yrs

Children will learn the basic elements of gymnastics including forward rolls, handstands and cartwheels while following directions, sharing equipment and learning to work independently.

Mon. 1:15-2:00 Wed. 5:00-5:45

Tumblin' Kids

4-5 yrs. and 5-6 yrs.

Tumblin' Kids achieve a higher level of gymnastics by focusing on perfecting their skills and learning more complex skills while having fun.

4-5 years 5-6 years

Mon. 12:30-1:15 Tues. 1:15-2:00
Wed. 6:00-6:45 Wed. 6:00-6:45
Thurs. 3:00-3:45 Thurs. 3:00-3:45
Sat. 11:00-11:45 Sat. 11:00-11:45

Girls Gymnastics

6-8 yrs.

Girls will work on all 4 women's gymnastics events that include bars, beam, floor and vault. While also working flexibility and strength to become a well-rounded athlete.

Tues. 5:00-6:00
Sat. 12:00-1:00

Cheer/Tumble

6-9 yrs , 10+ yrs

Athletes will learn jumps, tumbling and flexibility/strength needed for cheerleading.

Mon. 5:30-6:30/6-9 yrs.

Mon. 5:30-6:30/ 10+ yrs.

Progressive Tumbling

6-9 yrs. and 10+ yrs.

Children will learn tumbling skills needed for dance, cheerleading and fun.

Beginner Tumblers: learning cartwheels, handstands and bridges

Wednesday 5:30-6:30 /6-9 yrs
Wednesday 6:30-7:30/ 10+ yrs

Intermediate Tumblers: learning round-offs, back walkovers, front walkovers, ariels.

Thursday 6:15-7:15/ 6-9 yrs
Thursday 4:00-5:00/6-9 yrs
Monday 6:30-7:30/ 10+ yrs

Advanced Tumblers: BY INVITE ONLY

Tuesday 6:00-7:30

*****Looking for a class? We need 3 students to make a class. Give us a call to find out more information on times/days available that are not listed.** Classes can be cancelled without notice due to low enrollment.***

